

Published by the Unitarian Church of Evanston

# EVANSTON

## UNITARIAN NEWS

A Unitarian Universalist Congregation

Join us for worship and religious education at 9:15 and 11:00am on Sunday Morning!

April 6, 2018

Welcome Tamiko Deville as our new Communications Coordinator.  
Deadline to have articles included in newsletter and order of service;  
Please continue to send items to [uce@ucevanston.org](mailto:uce@ucevanston.org) by **2pm Wednesdays**.

### This Sunday at UCE

#### April 8 at 9:15 and 11am

Ministerial Intern Susan Frances  
"Shaping Our Future Together"

#### Crackerbarrel April 8, 2018 Medical Aid in Dying.

Medical aid in dying allows mentally capable adults who are terminally ill to receive a medication that can relieve their unbearable suffering and bring about a peaceful death. Although 6 states and the District of Columbia offer this legal option to their residents who meet the inclusion criteria, Illinois does not. Join us for a discussion of efforts to pass a resolution in Evanston to support Illinois legislation that would make this option available here as well. Missy Fleming and Fay Clayton.

#### Join us to Stand in support of Black Lives Matter Sundays, 12:10pm-12:30pm

You are invited to stand on Ridge Avenue between 12:10pm and 12:30pm to support the Black Lives Matter movement. Signs and buttons are available for purchase at the back of the sanctuary. Signs and song lyrics will be provided for use today. Sponsored by the REAL team.

#### The Chris Isely Cancer Support Group Sundays - 9:30am

The group is open to anyone facing cancer, either personally or through a family member or friend. This lay-led group is a safe place for sharing and hope. Interested participants are encouraged to drop in any time. Questions? Contact [Renee Hoff](#).

#### Articles in this issue: *scroll down to read*

This Sunday at UCE

Endowment Fund Gift  
Announcement

From The Senior Minister

News From The Green Team

Upcoming Worship Service

A Farewell to  
Rev. Bret and Cindy

Nonfiction Book Group

Upcoming Adult Religious  
Education Classes

Midwest Leadership School  
Scholarships

UCE Caregivers Group  
Special Guest Speakers

'Insist on Justice! Resist  
Inequality!' Apr. 21

Camp Unistar in Minnesota

**Connecting UU:****A path to belonging at UCE**

The "Connecting UU" program is a series of 45-minute discussions, offered most Sundays at 10:15 in Room 12. These sessions are open to all, no matter where you are on the journey and are led by UCE's New Member Committee. Childcare available. No need to sign up in advance. **April 8:** UU Sources A discussion of the six sources from which we draw wisdom and spiritual nourishment.

**From The Senior Minister**

I have been intentional about noticing the "lasts" these past several weeks-inviting a pause at moments I would formerly rush through. A pause to savor each thing for its beauty and what it has given. A last child dedication in this community I've served. A last snowfall out a window I love to look through. A last time sitting on the floor of an RE classroom. A last ride on the Metra train to a downtown concert. Naming it such, for me, puts such experience, momentarily outside of time and space and roots it in beloved memory...[more](#)

**A New Opportunity to Shape UCE while Assessing your Own Spiritual Priorities**

How are we living up to our Mission Statement: Nurturing the Human Spirit for a World Made Whole? UCE leadership wants your opinions on how well we are meeting our ends statements (key goals):

- Being Spiritually Aware
- Intellectually Excited
- Community Builders
- Diverse in Belief
- Acting for Justice

To evaluate this, we are following a best UU congregational practice and conducting our first comprehensive Spirit Map Congregational Survey with two complementary parts:

- Individual Assessment: Tracking your personal progress in meeting your own spiritual/ethical priorities.
- UCE Assessment: Evaluating how well we are meeting our mission and goals.

This is a chance to better understand yourself and enhance your interaction with UCE. Please seize the opportunity and lend your voice to improving our community effort! [Click here](#) to access the survey and your coupon for a free UCE lunch upon completion. The survey closes April 24.

Your UCE Board of Trustees

**Upcoming Adult Religious Education Classes****Happening at UCE**

[Paganism Tuesdays, April 10, 17, 24, 7-9pm](#)

[Mental Health and Wellness Fair Evanston Public Library April 28; 1-4pm](#)

['Insist on Justice! Resist Inequality!' Saturday, April 21 9:30-3:00](#)

[Simplicity Tuesdays, May 8, 15, 22, 7-9pm](#)

[Hannah Arendt and the Banality of Evil Tuesdays, May 29, June 5, 12, 7-9pm](#)

[UCE Addictions and Recovery Group Thursday Nights, 7pm](#)

[Yoga Sunday Mornings, 9:00am & Wednesday Mornings, 9:30am](#)

**One-on-One meet ups on April 8th at coffee hour**

Build connections and power through a one-on-one conversation. You may have heard about the practice of one-on-ones many of our members engage in. These are intentional and personal conversations about what matters most to us, so that we may find ways of working together. There will be a table once a month on Sundays in the back of the sanctuary by the coffee urns. Meet here to be paired with someone for a one on one conversation, to learn more and to ask questions.

**Rummage Sale  
May 4: 9-5 and May 5: 9-12**

Celebrate spring!  
Make way for the new!  
Clear out unused but still useful stuff!  
Bring it to UCE's  
Annual Rummage Sale  
When to bring your donations:  
Sunday, April 29: 2-8;  
Mon-Tues, 9-8.

Brighten our worship service with flowers and light. Mark a special occasion or honor a

## Paganism

**Tuesdays, April 10, 17, 24, 2018**

Taryn Nelson Seawright and ministerial intern Susan Frances will launch their series on paganism this coming Tue Apr 10 at 7:30, starting with a dive into the history of neo-paganism; night two will focus on learning about ritual elements and will include a brief ritual experience; and the third evening will explore the richness and variety of theologies that are expressed within the pagan community. For more information [click here](#).

## Simplicity

**Tuesdays, May 8, 15, 22, 2018**

Facilitated by Dick Whitaker

## Hannah Arendt and the Banality of Evil

**Tuesdays, May 29, June 5, 12, 2018**

Facilitated by Julia Takarada and Dan Solomon

[Click here for more information on these classes and to sign up.](#)

## Sunday April 15, Service



Rudi Harst will lead worship with me next Sunday, April 15th, with a service called Hurry Slowly. and as a special thank you to this community, we are hosting an after-church concert. Rudi will share "Songs and Stories of Life, Love, and Laughter ... a heartwarming, toe-

tapping, finger-snapping good time that's guaranteed to make your heart smile and your spirit soar!"

## P&J's Tax Day demonstration



Join UUs for Social Justice and Members of P&J at a Tax Day Rally on Federal Plaza

**Monday April 16, 11:30am – 1pm**  
**Loop Post Office, 211 So Clark St**

**Did you know that 47% of our taxes pay for military and VA benefits?**

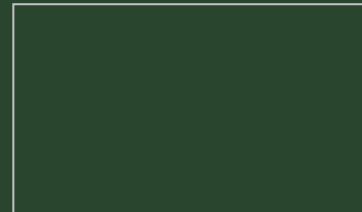
[This image by unknown Author is licensed under CC BY-NC-ND](#)

loved one. Bring flowers for our chancel and tend the chalice flame in our worship services.



Contact the UCE office at [uce@ucevanston.org](mailto:uce@ucevanston.org) with the date you'd like to bring flowers and dedication words for the order of service. [click here](#) to go to the website sign up page.

## Our Giving House



This month we are collecting cleaning supplies for the Evanston Interfaith Refugee Round Table.

Thank you, as always, for your generosity.

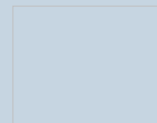
## Community Involvement

Click event for more information.

[Traffic Changes Lake and Ridge Start April 4.](#)

[YWCA Let's Talk @ Lunch Third Thursday of the Month](#)

## UCE Food With Spirit Group



Do you have a complicated relationship with food? Join us at UCE, 5:30pm

every other Thursday to discuss nutrition, eating patterns, emotional triggers, recipes, or whatever comes up among the group members. We have read a couple of helpful books together recently. Talk to [Peggy Boccard](#) or [Julia Takarada](#) if you want to know more. All are welcome.

## Upcoming Membership

## News From The Green Team

### Sowing Seeds of Care

Hands-on Habitat Restoration  
with the Evanston Interreligious  
Sustainability Circle

**SUNDAY, APRIL 22, 2018 1 pm - 4 pm**  
(Opening religious ceremony at 1:15)

Join the Evanston Interreligious Sustainability circle at our Semi-annual restoration day at Harms Woods in the Cook County Forest Preserves on Earth Day. For more information, [click here](#) or contact Susan Comstock [Susan.L.Comstock@gmail.com](mailto:Susan.L.Comstock@gmail.com) or Dale Griffin [dalecgriffin@comcast.net](mailto:dalecgriffin@comcast.net).

## A Farewell Potluck to Rev. Bret and Cindy

Friday, April 27th,  
5-8pm.

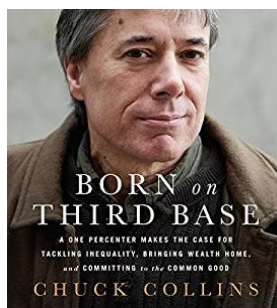
Help us celebrate Bret's  
ministry, wish him well and  
say goodbye.

[Click Here to sign up to  
bring a dish.](#)



## Born on Third Base

The **Nonfiction Book Group** will meet at 12:30 p.m. on Sunday, April 22, in room 3 to discuss Chuck Collins' book "Born on Third Base: A One Percenter Makes the Case for Tackling Inequality, Bringing Wealth Home, and Committing to the Common Good."



The author presents the case for why the privileged and powerful must act to reverse widening inequality of income, wealth, and political power in America. Copies of the book are available at the Book H and at public libraries.

Author Chuck Collins will be joining our discussion after being the keynote speaker at the justice workshop at UCE on Saturday, April 21. Light refreshments will be served at our meeting and everyone is welcome to join us.

## Chicago Area UU Council Spring Workshop & Annual Meeting

**We Are Better Together**

## Classes

**Intro to UU**  
**Sunday April 15, 2018**  
**12:30 - 2:00 pm**  
**Room 3**

**Orientation**  
**Toward Membership**  
**Saturday, May 19, 2018**  
**9:00am - noon**  
**Room 3**

Even if you didn't sign up but would like to attend, please join us. This is a meaningful and engaging way to learn about what it means to be a member and how to become more deeply involved in the life of the congregation. Led by Assistant Minister, Rev. Eileen Wiviott.

Sign up at the guest table in the lobby or email Rev. Eileen at [ewiviott@ucevanston.org](mailto:ewiviott@ucevanston.org). Childcare available upon request for both of these classes.

## Connecting UU: a path to belonging at UCE

45 minute discussions; Sundays at 10:15 in Room 12. These sessions are open to all, no matter where you are on your journey. Childcare available. No need to sign up in advance.

**UU Principles** - Understanding the seven principles, an enlightening discussion led by members of the New Member Committee.

**UU Sources** - A discussion of the six sources from which we draw wisdom and spiritual nourishment.

**Spiritual Journeys (4 parts)** - take any one or all of them in any order. Explore your religious and spiritual background, where you come from, what you want to cherish and what you want to release, and how you practice your spirituality.

**How to Get Involved** - Learn how to become more engaged in the life of the church, find groups and activities of interest, discover the way things get done, answer your questions about belonging in our community.

**UCE History and Tour** - Learn more about the history, architecture

May 12, 2018 9:00 am - 2:00 pm Workshop &  
2:15 pm - 3:15 pm Annual Meeting  
Countryside Church UU, 1025 N Smith St., Palatine, IL  
Register online at [uuchicagoarea.org/workshop](http://uuchicagoarea.org/workshop)

## Midwest Leadership School

We are pleased to offer youth and adult scholarships to the Midwest Leadership School - a week-long intensive program in leadership and group dynamics led by lay and ordained staff. Those who have attended from our congregation have found it to be a powerful experience. Participating in this program will help you to gain tools and skills for congregational leadership and deepen your sense of UU identity. The week takes place in Decorah Iowa from Sunday, July 15 through Saturday July 21st. Scholarship applications (for [Adults](#) for [Youth](#)) are due by April 15th. You will be notified by May 1st and registration for the leadership school is due by June 1st. To learn more about Midwest Leadership School, visit <https://www.mwls.org> or contact Margaret Schatz at [tmesharbor@gmail.com](mailto:tmesharbor@gmail.com) from the Leadership Development Team if you have questions.



and art of our building through a guided tour led by one of our long-term members. Tour begins at the back of the sanctuary near the large mural.

## Things to Know About our Community

Interested in knowing more about UCE? How to submit something to Joys and Sorrows? How to get a nametag, or a rainbow or pronoun sticker for your nametag? Interested in bringing flowers and lighting the chalice on a Sunday? [Click here for more information about our community!](#)

## Yoga at UCE



Join us every Sunday at 8:15am and every Wednesday at 9:30am.

Yoga at UCE is designed to reduce stress, bring relaxation, increase range of motion, and find balance - restorative yoga. If you never have done yoga before, this is your opportunity. Drop in, wear comfortable clothing for stretching, and try it. Yoga is learned by doing. Community yoga mats provided if needed.

Contact [Doug Erickson](#) or [Jessica Tomell-Presto](#).

## Join UCE Caregivers Group for Special Presentations

The larger UCE congregation and members of the community are invited to join the UCE Caregivers Group on **Tuesday, April 10, 7-9 pm, room 6: Challenge of Change - healthy tips for finding joy and peace in everyday life, even in the midst of major changes.** Eileen Boggins

*If you have questions, contact [Renee Hoff](#) or [Joyce Lofstrom](#).*

## Organizing Team Events

### CRUNCH TIME FOR ADVOCACY

Now, near the end of the Illinois legislative session, is the time to take action on CRS and UUANI issues of race, poverty, gun safety and the climate. Please join us for any of these:

- CRS bus trip (from UCE) to Springfield April 17 on Fair Tax, gun safety, and restorative justice
- Faith in Place trip to Springfield April 26 on Fair Tax and environmental issues
- Local meetings with legislators on these issues next week
- Sign up for UUANI weekly action alerts at [UUANI.org](http://UUANI.org).

## UCE Facebook Groups



Did you know that, in addition to the [UCE Facebook Page](#), there are three UCE groups that members can join - the [UCE Member to Member Group](#), the [UCE Children and Youth Religious Education Group](#) and the [UCE Social Action](#)

RSVP or more information with Dale Griffin at [DaleCGriffin@comcast.net](mailto:DaleCGriffin@comcast.net).

### Join us April 21 to "Insist on Justice! Resist Inequality!"

"Insist on Justice! Resist Inequality!" is the workshop at UCE on Saturday, April 21 9:30am-3pm. Come and share ideas and best practices with Ralph Martire of the Center for Tax and Budget Accountability and with Fred Tsao of the Center for Immigrant and Refugee Rights. They'll be joining with representatives from other local social justice groups to help us improve our organizing skills and become more effective activists. [to register and get more info.](#)

### UU Summer Camp Unistar in Minnesota



Are you interested in a great summertime UU experience? Camp UniStar is a UU camp for individuals and families, in the Chippewa National Forest on Star Island in northern Minnesota. The summer long program has different program weeks all summer, cabins to sleep in, terrific meals served in the lodge, many activities enjoying the great outdoors. This is not rustic so you don't need to worry that you might sleep on the ground. Carol and Brian Nielsen went last summer for a week-long study of the poetry of Mary Oliver. They will be going again this year to talk about Social Justice and UU values. The Niensens recommend this experience for anyone with interests in spirituality, science, sailing, social justice, self-reflection, yoga, dance, music or crafts. Ask Carol or Brian about it, or visit [www.campunistar.org](http://www.campunistar.org).

### Composting at UCE

Join with other church members this year in using the church's composting service for a small annual contribution of \$60 per person (up to a \$180 maximum per household). You may have noticed the two green containers at the southeast corner of our church parking lot. They are there for your use once you have committed to this service. For an additional \$10, we will provide you with your very own kitchen counter composting bucket. (Plastic bags are not acceptable containers because they are not compostable.)

If you are interested in joining this movement for 2018, if you have any questions about this program, please contact Compost Program Coordinator John LaPlante at

[Group?](#)

These are closed groups that allow members to post directly to each other. If you have an event you want members to know about, or have a cause you hope to bring attention to, in addition to the newsletter and order of service, you can post to the Facebook Group. Click the links above or search for the groups by name when you are on Facebook and ask to join.

### Post Your Reviews of UCE on Social Media

Whatever app you use, post a review of your experience at UCE. We hope you find meaning, joy and healthy challenge in our community. And we hope that others who would benefit from a community like ours will find us. If you want to share the impact that our congregation has had on your life, consider writing a quick, positive review of our church on Facebook, Yelp, Google maps, Twitter, Instagram or whatever apps you use.

### Ministers' Schedules

**Rev. Bret Lortie** is available on Wednesdays, Thursdays, and by appointment. Monday is sabbath and Friday devoted to writing. To send a message or read Rev. Bret's blog, visit [www.liberalfaith.org](http://www.liberalfaith.org).

**Rev. Eileen Wiviott** has office hours most Tuesdays, Wednesdays, and Thursdays, and often evening meetings on those days. Mondays are sabbatical days and Fridays she works from home. Please contact her via email at [ewiviott@ucevanston.org](mailto:ewiviott@ucevanston.org), or via phone at (847) 864-1330 x111 (office), or (224) 565-3952 (cell).

### Opportunities for Spiritual Practice

[3rd Mondays at 6:30pm](#)  
[Ecstatic Dance with Cindy Lortie](#)

[Tuesdays at 6:30pm](#) (1st timers,  
[6\) Zen Meditation with Udumbara](#)

[Wednesdays at 9:30am](#)  
[Yoga with Doug Erickson &](#)  
[Jessica Tomell-Presto](#)

[johnlaplante73@gmail.com](mailto:johnlaplante73@gmail.com).

### **Board of Trustees**

The UCE Board of Trustees meeting is held the third Wednesday of each month in Room 3. All members are welcome to attend.

[Saturdays at 9am](#) (1st timers, 8:30) [Zen Meditation with Udumbara](#)

[Sundays at 8:15am](#)  
[Yoga with Doug Erickson & Jessica Tomell-Presto](#)

[Quarterly](#)  
[Dances of Universal Peace](#)

### **Quick Links**

[ucevanston.org](http://ucevanston.org)

[Calendar](#)

[Upcoming Worship Services](#)

[Listen to Sermons](#)

[Joys and Sorrows](#)  
(protected documents)

[Facebook](#)

[UCE Member to Member Facebook Group](#)

[UCE Children and Youth Religious Education Facebook Group](#)

[UCE Social Action Facebook Group](#)

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