



Returning to Sundays at UCE

10:15 AM - All-Ages Worship Service

11:30 AM - Faith Formation Hour

WHAT IS FAITH FORMATION HOUR?

Each Sunday we'll take
part in exciting All-Ages
Activities together:

Reading/Reflection

Art/Music

Anti-Racism/Anti-Oppression

Social Action

Spiritual Practice



Activities will be offered in dual formats
(In-Person/Online) when possible. **Make sure to check
out the UCE website and newsletter for more info.**

Month	September	October	November	December	January	February	March	April	May	June
Theme	Embracing Possibility	Cultivating Relationship	Holding History	Opening to Joy	Living with Intention	Widening the Circle	Renewing Faith	Awakening	Nurturing Beauty	Celebrating Blessings
Week 1	Labor Day	Reading/Reflection (Animal Blessing/Fair Trade)	Reading/Reflection – Age-based circles	Art for All Ages – Ornament Sunday	Reading/Reflection – Age-based circles – Fire Communion	Reading/Reflection – Age-based circles	Reading/Reflection – Age-based circles	Reading/Reflection – Age-based circles	Reading/Reflection – Age-based circles – Faith Formation Sunday	Reading/Reflection – Age-based circles – Flower Communion
Week 2	Art/Music for All Ages - Ingathering	Art/Music for All Ages – Our Ends	Art/Music for All Ages	Music for All Ages – Music Sunday	Art/Music for All Ages	Art/Music for All Ages	Art/Music for All Ages	ARAO by Age Groups – Youth Sunday	Art/Music for All Ages	Art/Music for All Ages
Week 3	ARAO by Age Groups	ARAO by Age Groups – Covenant of Engagement	ARAO by Age Groups – Bread Communion	ARAO by Age Groups - Pageant	ARAO by Age Groups – MLK Day	ARAO by Age Groups	ARAO by Age Groups	Art/Music for All Ages – Easter/Music Sunday	ARAO by Age Groups	ARAO by Age Groups
Week 4	All-Ages Social Action	Spiritual Practices - stations	All-Ages Social Action	Spiritual Practices - stations	All-Ages Social Action	Spiritual Practices - stations	All-Ages Social Action	Spiritual Practices - stations	All-Ages Social Action	All-Ages Social Action
Week 5		All-Ages Social Action - Fair Trade			Spiritual Practice - stations				Spiritual Practices - stations	

Reading/Reflection by Age Groups	Adults may go to Forum or reflection on the service with the minister	Children go into multi-age activity led by Kathy reflecting on the story/message of the service	May be grouped by age, reflecting with peers
Art/Music for All Ages	Engaging in music or art activities around the theme/service - working with worship arts	Examples: Art and grief; dramatic play; storytelling; drum circles; dances of universal peace;	
ARAO by Age Groups	Anti-Racism/Anti-Oppression work led by Anti Oppression Task Force or REAL Team	Examples: Widening the Circle discussions; restorative justice/peace circles; practice addressing microaggressions	May be grouped by age, reflecting with peers
All-Ages Social Action	Social Action/Justice projects for all ages working with Social Justice Council/Teams	Examples: Fair Trade learning and volunteering; Mitten Tree; Preparing for Emergency Shelter; Giving House Drive; Environmental Justice actions	
All-Ages Spiritual Practice	Stations around the church	Examples: Yoga, Meditation, Tai Chi, Lectio Divina, Singing Bowls, Prayer, Chanting, Labyrinth	Choose 4 spiritual practices that repeat through the year and reflect on the theme of that month